
Mental Health Planning & Advisory Council

Vision
Plan, Advocate, Evaluate

Mission
*To advocate for a system that supports persons
impacted by mental disorders on their journeys
to achieve the highest quality of life possible by
promoting evidence-based, cost-effective,
individualized mental health services.*

Joann Freimund, Chair
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Mental Health Planning and Advisory Council
SeaTac Holiday Inn Express Hotel & Suites
19621 International Blvd, SeaTac
May 9, 2007, 9:30 – 3:30

MINUTES

PRESENT: Joann Freimund, Cathii Nash, Rick Crozier, Nanette Baker, Fran Collison, Steve Norsen, Russ Hammond, Doug Johnson, BJ Cooper, Becky Bates, Ron McCoy, JoEllen Woodrow, Dan Clement, David Brenna for Erin Peterchick, Eleanor Owens, Cheri Dolezal, Lenora Warden, and Traci Adair, Carrie Pascua for Thressa Alston

GUESTS: Bill Waters, Clark RSN
Andy Pascua, EMAC
Beth Hammond & Jeri O'Brien, Highland W Seattle Mental Heath Center

EXCUSED: Vanessa Lewis, Brett Lawton, Annie Conant, Mary Christie, Diana Jaden-Catori, Thressa Alston, Roger Bauer, Danny Eng,

UNEXCUSED: Joanne Groves, Tom Saltrup, Barb Putman

I. COUNCIL BUSINESS

A. Review and vote on April 11, 2007 Council Minutes
Minutes approved - one abstention

B. Review Pending Action Items Completed

C. Vote on a second three year Council term for Becky Bates & Diana Jaden-Catori

1. Diana sent written request to withdraw from a second 3-year term.
2. Unanimously voted to extend Becky Bates membership for another 3-year term.
3. Cindy Ashley-Nelson has resigned. She moved to Florida

ACTION: Send thank you note to Diana and Cindy

D. Vote on the P/P Subcommittee recommendations for new Council members.
Nominations & Resumes in packet

1. P/P recommends to Council for a vote on Bill Waters as an Advocate on the MHPAC.
Council voted to accept Bill's membership
2. P/P recommends Michelle Murphy as a Consumer member on the MHPAC.
Voted to accept Michelle's membership.

- E. Vote on Joann's replacement on TWG, CTP and STI. Also vote a sub for TWG.
 - 1. P/P recommends to Council that Rick Crozier takes Joann's place on TWG.
Accepted
 - 2. CTP replacement is Eleanor Owen. Accepted
 - 3. Rick Crozier will attend June STI and TWG meetings.
 - 4. Motion to vote BJ Cooper or JoEllen Woodrow to sub for Cathii Nash on TWG
Accepted
- F. Discussion on P/P Subcommittee's info on collaboration and MHD's budget. Set priorities in afternoon. See letter to 4 DSHS Council/Board Chairs.
- G. Discussed June 13th Council meeting in Yakima, time 4-8 p.m.
- H. Discussed SAMHSA's Annual June Conference in WA D.C.
Eleanor Owen, Cathii, Brett Lawton, and Roger Bauer will represent the Council.
- I. Update MHD's System Transformation Initiative - notes in packet
 - a) Discussion on Housing
 - b) Russ Hammond suggested that the Council place a briefing paper on top of the handout in the packet discussing what to focus on and what will be discussed in the handout.
ACTION ITEM: Fran Collison needs to give Nanette a draft of each STI sub-report on all 5 items to go into Council June packet (all 5 reports) by June 3rd
ITA, Housing, Employment, Utilization Management, Benefits
- J. Update the Transformation Work Group April meeting in Yakima.
 - a. Integrated Database Resource – David Brenna MHTP
 - b. Council needs to learn where they want to go to get the expected outcomes to get Results Management.
 - i. Need the numbers to prove where you want to go and why. Once you start to take what you have and manage, based on what you have and know, you understand more what you want to measure.
 - c) The Council has been striving for Database Management for years.
 - d) The Performance Indicator (PI) Group info now on PI website
- J. Update on 2008 RSN/FBG contracts --Council involvement?
History: the Council was involved last year. Question is for involvement this year.
- K. Update on Rick's Council representation to Aging Conference in WA D.C.
 - a) Handout from Rick Crozier
 - b) WA State is one of the first Council throughout the country that has a subcommittee on aging.
- L. Update on date, time & location of the Council's Annual Conference in Sept.
 - 1. Sept 12 at Red Lion from 8:30 – 3:00 (8:30 a.m. continental breakfast)

2. Chair and Vice Chair will run agenda
 3. Meeting starts at 9 with introductions
 4. Presentation of Children's Subcommittee Awards & Older Adult Awards
 5. Hosting subcommittee is the Adult Consumer Subcommittee who is responsible for Service Excellence Awards 10:00 a.m. to Noon.
 6. P/P will be developing the afternoon agenda, maybe a panel on collaboration
- M. Appoint a Council consumer to be on the OCA Director's interview panel.
1. Interview date June 5th
 2. Joann, Chair, motions Lenora Warden to be the Council's Rep on the Interview panel. Voted Unanimously for Lenora.
- N. Chair's follow-up letters Reviewed
- O. Update on Performance Indicator group --do we have topics for Judy Hall to present at the August Council meeting?
1. Doug will provide copy MISIP report
 2. Suggestion to ask Judy Hall if there is something she would like to represent to the Council
 3. Rick suggested the Council review what they would like to discuss.
- P. Review of the FY 2007 Mental Health Block Grant Plan
- a) Decision on FBG MHPAC 2008 Application review.
 Motioned to move the Aug meeting to Aug 8 instead of the 15
 ACTION: Ask Christina if she can work with the hotel to move the MHPAC meeting back to Aug 8th meeting date.
 ACTION FOR FRAN: Have FBG APPLICATION to Nanette by July 4th for the July packet.
- II. Set Council priorities for the collaboration and budget Council projects. Do we need Ad Hoc subcommittees for implementation?
- A. Highline Mental Health presentation on "Model of Wellness" presented at the at P/P meeting on May 2nd and to the Council on May 9th.
 - B. This ties into to our timeline with a meeting with Richard Kellogg in July.
 - C. There are 3 pilot projects (decision packages) for consideration
 1. The Highline West Seattle Mental Health Center's Model of Wellness
 2. Self Directed Care Pilot
 3. Independent Consumer-run Recovery Resource Center (Drop-in) Demonstration Project
 ACTION: Regarding Decision Packages (DP) - MHPAC needs to decide what project they want to move forward. Once the Council makes the decision then MHD puts it in a different format.
 - D. Think of timelines, priorities of Council vote on something that will go to Richard no later than July. (Page 114 of packet is the WA State Budget Overview)

- III. CONSENSUS: What are the steps from now and July?
1. MHPAC needs to look at the 3 decision packages, have the other spokes person(s) come in, or submit new Decision Package for consideration so MHPAC can make a vote to take the DP to legislature to ask for a vote.
MOTION: Table this agenda item until the June meeting then make a decision on DP templates at that time. Hand the DP template the Council voted in on to Richard at the Behavioral Healthcare Conference in Yakima.
Approved, one abstention
 2. Motion: Doug Johnson moved that the MHD provide a monthly balance sheet on all FBG dollars. Then we can say to the Feds that the Council was looking at budget throughout the year, and this is what happened.
Amendment to Doug's Motion: Provide reports quarterly (RSN's only report quarterly)
Voted: 12 in favor, 2 abstentions
 3. David Brenna suggested to "get on the train", adding more DP will be too time consuming. Get on the train now.
ACTION ITEM: Submit additional decision packages to Nanette by June 1, 07 to get in the June Council packet.
- IV. COUNCIL SUBCOMMITTEE REPORTS
- A. Legislative – Cathii - No meetings
 - B. Program Planning – Joann Discussed and reviewed minutes
 - C. Children's --Becky/Mickey Not ready to publish report yet have asked questions in the packet on page 90
 1. Looking at the populations
 2. Applications are not fine tuned enough for the Children's Subcommittee – group working on that
 3. Mickie has taken the lead on how to incorporate youth voice
 4. Idea to have the Children's subcommittee to form a Youth Subcommittee questions on how to get them there, liability and money issues.
 5. Looking at trying to find more parents for subcommittee will bring it back to the May 21 meeting. Trying to fine tune who they are bringing in to the committee and what's missing.
 - D. Adult Consumer – BJ Cooper
 1. Discussed the Annual Meeting in Sept, AM presentation by ACS, Diane is still working on a speaker with a few other ideas. Try to show part of Lenora Warden's documentary. (Closing act idea.)
 2. Big part of plan that came from P/P subcommittee on May 2nd, Jill San Julie on MHTP volunteered to work with ACS to work with logistical and planning. Maybe help with membership drive.
 3. MHPAC needs to complete a request for technical assistance. Decide to bring in or if MHTP will provide. Joann, the Chair says ACS needs to request needs of technical assistance to the Council for them to agree on what the task is.

- E. Older Adult – Rick - They meet next Thursday, nothing new since last report.
- F. Ethnic/Cultural – Connie Pascua
 - 1. EMAC focal point is mental health specialist forum (provides ongoing training for MH Specialist) has been developed and implemented by one RSN. This conference needs adequate funding.
 - 2. Question for Council: What is the appropriate process to involve more RSNs?
 - 3. Process: what is the appropriate process to request more funding for the MH Specialist Conference in August?
ACTION: Fran will give Connie an answer and copy Cathii Nash
 - 4. Dan Clements: Moves that council endorse a substantial in the funding for this annual event, like in doubling the amount allocated. Dan's change to motion: Vote the Council endorse request for \$25,000 to fund the MH Specialist forum conference 10 approved, 2 opposed, 2 abstentions
 - 5. Fran noted: This comes out of the 20% the MHD gets. Recommended amount from EMAC is \$40,000 to fund the conference so participants can get the training they need.
 - 6. Andy Pascua, EMAC, discussed the following:
 - a. Asked the Council to address MHD's call to Clark RSN regarding a letter from the EMAC Chair, Connie Mung Ching.
 - b. Andy Pascua asks: What does the Council do to ensure we have an open and honest share of exchange?
 - c. Cathii Nash: In the spirit of collaboration promised by Richard Kellogg, and DSHS Secretary, Robin Arnolds-Williams, this action won't happen again.
- ACTION: Cathii Nash will call Cheryl Strange mentioning that if staff has a problem with subcommittee they need to go through the Council Chair.

G. Sexual Minority – Doug - Saying It Out Loud Conference

V. MHD Report – Fran Collison

- A. Grievance Complaint update.
History: RSN decides they are not going to address a client issue, or if you have a problem with a person within an RSN there is no place to go. What is the appeal and complaint process?
ACTION: Cathii Nash will send Cheryl Strange Jan 21 outline of grievance/compliance issue.
- B. FBG timelines -RSN/FBG 2008 contract review, FBG Application will be reviewed at July Council meeting.
- C. July 16 & 17 MHD Supported Employment Conference - where in Seattle, agenda, Council involvement?
- D. Update New Freedom (Olmstead) Grant request. COMPLETED
- E. New MHD staff and positions --is there a new organizational chart
ACTION: Put new MHD Org chart in June packet
- F. Timeline for the Council to review the MHD's STI final draft.

ADJOURN

The next MHPAC Meeting will on Wednesday, June 13th, 2007 at the Red Lion Center Hotel in Yakima from 4:00 p.m. until 8:00 p.m.

Please be sure to make airline travel/hotel arrangements at least two weeks ahead via email to Christina Carter at cartecc@dshs.wa.gov. Thank you for your cooperation.